

THE BRIDGE

A HEALTHCARE COMMUNITY CONNECTION



~November~

The holiday season is among us! We are taking full advantage of this slow-paced season to catch up on some physical and digital organization for the Coalition. As a result, you all may receive an increased number of emails from Heather or myself.

Heather and I have a couple of new projects planned for the new year that we cannot wait to share with you. We will have more detailed announcements coming in the next few months.

As always, do not hesitate to reach out using the contact information found on page 3.

-Regan

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MSEPC Meetings

- November 16- Executive Board
- November 17- TN Mental Health Strike Team
 - Speaker: Ken Tartar
- November 18- In-patient Providers

**** All December meetings and trainings have been cancelled.**

Upcoming Events

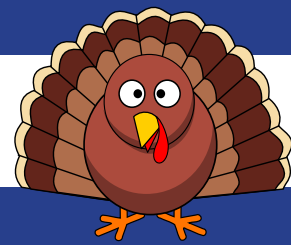
- Virtual Tabletop Exercise Program Fiscal Year 2023
- Addressing the Needs of Older Adults in Disasters
- November 10: Emergency Preparedness in Post-Acute and Long-Term Care
- November 15: Enhanced Barrier Precautions
- November 17: Rural Workforce Innovation Network
- January 25-26: TEPS at Discovery Park of America

Relevant Links

- [Cyber Security Related Resources Page](#)
- [Find COVID-19 guidance for your community](#)
- [Biden-Harris Administration Launches Window-Shopping for Affordable and Accessible Health Care Marketplace](#)
- [Environmental Health and the Effects of Mold](#)
- [Respiratory Syncytial Virus Infection \(RSV\)](#)
- [Annual Report to the Nation: Cancer deaths continue downward trend; modest improvements in survival for pancreatic cancer](#)



THANKSGIVING DESSERT RECIPE



Caramel Apple Mini Cheesecakes



***Click [here](#) for the full recipe!**

Filling Ingredients:

- 2 (8 oz) pkgs cream cheese, softened
- 2/3 cup granulated sugar
- 2 large eggs
- 1/4 cup sour cream
- 1 tsp vanilla extract
- 1 lb granny smith apples , peeled, cored and finely chopped*
- 2 tsp lemon juice

Streusel Ingredients:

- 1/2 cup all-purpose flour
- 1/4 cup quick oats
- 1/4 cup + 2 Tbsp packed light-brown sugar
- 1/4 tsp ground cinnamon
- 1/8 tsp ground nutmeg
- 1/8 tsp salt
- 1/4 cup unsalted butter , cold and diced into 1/2-inch cubes

Contact Us!

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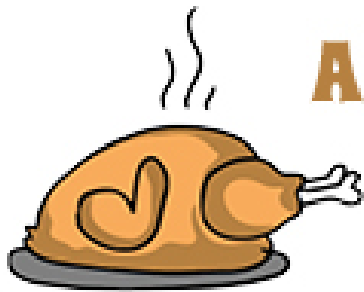


Click [HERE](#) to find us on Linked In



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Take a Mental Health Break with a Word Search Puzzle



A Thanksgiving Feast

DIRECTIONS: Find and circle the delicious Thanksgiving food in the grid. Look for the words in all directions including backwards and diagonally. What's your favorite Thanksgiving food?



- GREEN BEANS
- MAC AND CHEESE
- MASHED POTATOES
- MINCEMEAT
- PEAS
- PECAN PIE
- PUMPKIN PIE
- ROLLS
- SQUASH
- STUFFING
- SWEET POTATOES
- TURKEY
- YAMS

- APPLE PIE
- BISCUITS
- BRUSSEL SPROUTS
- CASSEROLE
- CHESTNUTS
- COLLARD GREENS
- CORNBREAD
- CRANBERRY SAUCE
- DRESSING
- GRAVY



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We want to hear from you! Upcoming editions of this newsletter will include highlights of members or facilities. Use the link here to nominate a person or facility of interest! Let us know why they are being nominated so we can all get to know each other better!

We also want to make this newsletter something useful. It can be as informative as you wish it to be. Send ideas of what to include next month to: rwills@midsouthpc.org.